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The Internal Bleaching Treatment With Walking Bleach Technique
On maxillary Left Central Incisors

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ABSTRACT
Background: Tooth discoloration is an aesthetic problematic for patients so as encouraging patients to find ways for fix it. Bleaching is one of therapy choice for this case. Purpose: The aims of this case reports is to inform result and demonstrate the procedural of internal bleaching treatment with walking bleach technique on discoloration of teeth due to intrinsic factors. The initial color of the tooth according shade guide C4 VITA (Vitapan), bleaching materials used are 35% hydrogen peroxide (Opalescence endo, Ultradent), applications are up to three times at intervals of one week. Result: After three times application of bleaching materials, tooth color improvement as a result of the treatment was successfully bleached, the color of the tooth shade guide A1 VITA (Vitapan). Tooth restored with composite class III in mesio incisal. Control one week, the same color after internal bleaching treatment of the teeth, and the patients were satisfied. Conclusion: Internal bleaching treatment with walking bleach technique on the internal tooth discoloration can provide a satisfying result on teeth, convenient and requires a relatively short treatment time.

Key words: tooth discoloration, internal bleaching, walking bleach

INTRODUCTION
Dental aesthetic is very important for patient, one of which is the color of teeth. Especially the anterior tooth discoloration may pose an aesthetic problem that has a psychological impact is big enough for the sufferer. Tooth discoloration may occur caused by of intrinsic and extrinsic factors or may occur in vital and non-vital teeth. That is tend be through intrinsic discoloration, both before and after endodontic treatment. non-vital tooth discoloration caused pulp tissue decomposition, traumatic, drugs, and sealer of the root canals. At this time, the development of cosmetic dentistry is very prominent in tackling it by way for example coating restorative dental crowns (veneer) or with bleaching.

Bleaching constitute a way back in tooth whitening discolored teeth to near original colors with the repair process chemically and aim to restore the patient aesthetic factor sufferers. Bleaching technique has several advantages, among other to maintaining morphological and aesthetic because it does not take the hard tissue and